

## היום אחד עשר שהם שבוע אחד וארבעה ימים בעומר

### Today is Eleven Days Of the Omer

**Introduction:** Netzach views the long term gain within the short term pain or loss. A dentist who drills out a decayed tooth is acting with Netzach of Gevurah. The drilling is painful in the short term, and requires strength, but will prevent pain in the long term.

#### **Bein Adam Lamakom - Between Man & God:**

1. Having a strong foundation of faith is rooted in Netzach - the ability to consistently have self - control, make proper judgments, and defeat the Yetzer Hora, Therefore, you should reflect on the actions of Hashem that reveals and proves the foundations of our faith in Him - the goal of it being a person who 1) Fears Hashem, 2) Has a heart as strong as a lion to do the will of Hashem.
  - Reflect on Nachshon ben Aminadav who acted on his Gevura to jump into the Sea of reeds - because of his great comprehension go his faith in Hashem. ( The Sea only split directly in front of him, and only continued to split a short distance at time contingent upon his further walking into the water.)
  - Reflect on the fact that Hashem gave you an eternal soul, something which no other creature can do.
  - Say and reflect on the 1st principle of Jewish Belief: "I believe with complete faith, that the Creator whose Name shall be blessed: is the Creator and Director of all creatures, and that he alone made, makes and will make everything that exists."
2. R' Pinchos of Koritz told one of his students to make a habit of saying the 13 principles of Jewish belief so that it will help him for his Parnasa. Constantly reviewing the fundamentals of faith will merit Parnasa for anyone.
  - Reflect of the statement of the Talmud: "The order of Zerayim is the manifestation of Emuna." Why ? Following all the agricultural laws of the Torah requires great faith in Hashem, which in turn will reward you with success. In addition, when you are planting the seed in the ground, you do not yet see the fruits - yet you still believe that Hashem will help you produce the crop. This also applies to any means of making a Parnasa.
  - Although you are very busy working, make it a point to stop and daven Mincha in a Minyan.
3. Add more Gevura upon your already existing Gevura to totally uproot the Yetzer Hora from you. For example, the Yetzer Hora may fill your ego up with pride after successfully defeating him - ultimately defeating you. So you need to keep up the Gevura and overcome feelings of victorious pride, and continuously be the "Victor". In addition, don't ever give up on that intensity of consistently displaying Gevura. If you relax, even once, and not be strong like a lion - The Yetzer Hora can defeat you and undo all of your past victories.
  - Overcome your feelings of pride after defeating the Yetzer Hora.
  - Don't stop fighting and always be on your guard.
  - Get up like a lion this morning and be on time for all three daily prayers and your scheduled learning sessions.

#### **Bein Adam Lachaveiro - Between Man and Others:**

1. Reflect on the verse: "What man is there who is fearful and fainthearted? Let him go and return to his house, that he should not cause the heart of his brothers to melt, as his heart." Know that on the verge of being vanquished, the Yetzer Hora expends its greatest power in an effort to avoid losing. Therefore, when you are about to defeat your Yetzer Hora, don't ease up, rather expand even more effort to vanquish it. Use your greatest Gevura to finish off the enemy. This strategy must also be used when exercising Gevura against people who try to destroy our religion.
2. See to it that you deal honestly and faithfully in business affairs. You will thereby merit Parnasa from this. Reflect on the statement of the Talmud which says that you will be asked about this on your ultimate day of judgement.
3. Whenever doing an act of Netzach of Gevura towards someone else or in your own personal life - especially those that come to you naturally , or logic dictates that you should do it, concentrate on the fact that you are doing it only for the sake of a Mitzvah of Hashem.

#### **Body Part:**

1. Use your left hand when when you are 1) doing an action that defeats the Yetzer Hora, 2) or another person (who requires it), 3) or when doing an action that requires consistency.

#### **Time of Day:**

1. Make effort to defeat your Yetzer Hora or do something to maintain your actions in the afternoon.
2. Concentrate where mentioning the blessing of "Bareich Aleinu" in the afternoon Amida.
3. Concentrate when saying the name of יה-וה צבא-ות, especially during the afternoon prayer.

**Quality to Acquire Torah: Discussion With Students - בפלפול התלמידים** - As Rabbi said: "And from my disciples I have learned more than from everyone else." Students are more apt to ask the teacher questions, which will require you to refine your understanding to the point of mastery. Students will question you from a different perspective, requiring you to have a more comprehensive understanding of the material.

- Teach words of Torah to another person who is less learned than you.