

## היום שמונה עשר יום שהם שני שבועות וארבעה ימים בעומר

### Today is Eighteen Days Of the Omer

#### **Bein Adam Lamakom - Between Man & God:**

1. In order to obtain Hashem's mercy upon you and the virtues of His glory that is revealed in the written Torah, you must make efforts to vanquish your Yetzer Hora. ***Don't give up trying even if you have not yet seen success in this area.*** When a king sees his servant trying hard to do his will, he will certainly have compassion on him. This not the case when the king sees that his servant just sits idly by in despair. The Talmud says that if you do not give up on your Torah learning, the light of the Torah will bring you back to the side of good and Hashem's glory will ultimately be revealed to you in His written torah.
  - Try being compassionate and/ or study written Torah even though you have failed many times before.
2. When you see that you have merited to successfully glorify Hashem with your wealth and wisdom by using them according to His will, don't be satisfied with that. Rather ***you should increase to persist and maintain victories in glorifying Hashem*** with his body and strength that Hashem has kindly bestowed upon him.
  - Give additional Tzedakah even if you have already reached your daily or weekly quota.
  - Keep learning Torah even if you have reached a high level of wisdom - instead of moving on to other secular forms of knowledge.
  - If you have learned and /or taught Torah in your youth, continue to do so at an advanced age.
3. Even after you have perfected your characteristic of Tiferes to the extent that it is second nature for you to be compassionate and learn Hashem's Torah, you still must exercise the characteristic of Netzach to ***know when not to be compassionate and when not.*** Overcome your second nature, and...
  - Don't be compassionate towards people who the Torah forbids you to be compassionate with such as enemies of G-d and Torah
  - Stop learning in order to prepare for Shabbas properly.
  - Sing Shabbos Zemiros and daven longer even if it means that you will learn less.
  - Do not teach Torah to an unfit student.

#### **Bein Adam Lachaveiro - Between Man and Others:**

1. Persist and maintain compassion towards people you are already being compassionate with, so that the compassion will always remain.
2. Teach the written Torah to others. Especially arouse them to honor and glorify the written Torah. This can be accomplished by ***explaining the virtues of eternal life that exists in the world to come.***
3. While teaching the written Torah to others, arouse them to the attribute of truth. Prove to them that the foundation of faith in Hashem is learning the written Torah and be a true person.

#### **Body Part:**

1. Use your upper body in all your victories. whether it is in overcoming a battle or maintaining and persisting.

#### **Time of Day:**

1. Make effort to win all your battles, whether it is in overcoming a battle or maintaining and persisting, in the daytime, especially on a Tuesday.
2. Concentrate on the blessing of " Bareich Aleinu" in the evening Amida.
3. Concentrate when saying the name of **יה-וה צבאות** during the evening prayer.

#### **Quality to Acquire Torah: Moderation in Frivolity & Conversation - במיעוט שחוק ושיחה -**

If speech is silver, then silence is gold. Even useless words that enters a person's ear, causes a word of Torah to go out the other ear. The greatest detraction of Torah study comes by getting distracted and "shmoozing" while you are learning. Win this battle by limiting these powerful distractions in order to consistently learn. Shorten to Shabbas table socializing so that you will have more time to study Torah.