

## היום עשרים יום שהם שני שבועות וששה ימים בעומר

### Today is Twenty Days Of the Omer

**Introduction:** Today is 30 days before the holiday of Shavuot, and we should begin to be learning the laws of the holiday of Shavuot, as Moshe prescribed.

#### **Bein Adam Lamakom - Between Man & God:**

1. Reflect that in order to achieve perfection in glory regarding wealth and wisdom, you must conduct yourself with extra holiness and purity. We see that after Yosef achieved financial success, he was tested by the wife of Potiphar. He had compassion on Hashem's honor and sanctified His name. Tiferes needs to be safeguarded with morality. Similarly when it comes to achieving glory in his wisdom. The greater your wisdom, the greater the Yetzer Hora, which requires a greater strengthening in morality. The more success you achieve in Tiferes, the more the Yetzer Hora will try to take you down with immorality.
2. After you have achieved glory in wisdom, wealth, or other activities, you are still not considered complete and true in these areas until you grab onto one mitzvah with all your strength in a firm way - enabling this Mitzvah to be your foundation and maintenance over your entire structure of Tiferes. Instead of being a jack-of-all-Mitzvos, be a master on one. That mastery will spill into all your other Mitzvos and strengthen them. The same can be said about mastering one characteristic will spill over into others.
  - Choose one Mitzvah to focus on and master to perfection.
3. Just like a tree or a structure can only be glorified to the degree that their foundation is strong, so to it is with the glory of person. You must arouse yourself to inspect the foundations of Judaism such as the 13 principles of belief and keeping the Shabbos, upon which all Mitzvos and good conduct revolve around.
  - Review the 13 principles of Jewish belief
  - Review how Shabbas is central to being a Jew.

#### **Bein Adam Lachaveiro - Between Man and Others:**

1. Make efforts to learn and teach the written Torah with great concentration until you know and can **create new insights**. Included in this, is to study the Zohar, according to one's ability, and try to create insights in that. **Produce "fruits" to your Torah knowledge.**
2. Purify yourself and arouse others, in order for you and others to achieve perfection in Torah knowledge.
  - Keep your hands holy and don't have them touch places on your body which are covered.
  - Take care that you need not have to use the facilities during your prayers or when you are wearing Tefilin.
  - Go to the Mikveh when necessary.
3. Safeguard your kedusha of morality and speech if you want to achieve the level of "Doveir Emes Bilvavo" in general, and with business dealings with others, and if you want others to accept your truthful words.

#### **Body Part:**

1. Use your upper body when engaged in Mitzvos that are fundamental to the religion and that "bear fruits."

#### **Time of Day:**

1. Make effort to create new Torah insights in the written Torah and study the Zohar in the daytime, especially on a Tuesday.
2. Concentrate on the blessing of "Sim Shalom" in the evening Amida.
3. Concentrate when saying the name of ש-די during the evening prayer.

**Quality to Acquire Torah: Patience - בארך אפים -** Anger causes forgetfulness and error in judgment. One who is not patient cannot teach and will not benefit from 'discussion with students.' A student must also have patience to accept the admonishments of discipline instituted by his master.