## Westmount Shul & Learning Centre Tisha B'av 2018 Program & Schedule

All programs are for men & women

## PLEASE BRING "THE COMPLETE ARTSCROLL TISHA B'AV SERVICE" WITH YOU TO SHUL

Please bring low chairs [lower than 12", mats, or pillows to sit on, as we conduct ourselves as mourners until Halachik Mid-day. Those staying for the whole Shabbos afternoon and evening programming without going home, should remember to bring their low chairs, appropriate shoes and Complete Artscroll Tisha B'av Service to Shul anytime BEFORE Shabbos begins.

## Shabbos afternoon & Motzei Shabbos, July 21st

6:00 p.m. Mystical Midrash with Mike Merkur

7:00 p.m. Mincha

7:30 p.m. Shalosh Seudos for men & women ( Plenty of food available for all )

8:52 p.m. Fast Begins

9:00 p.m. Pre - Eichah Talk with the Rav for Men & Ladies

9:43 p.m. Shabbos ends - say "Baruch Hamavdil Bein Kodesh L'chol." After that, change

shoes & say "Borei Meorei Ha'aish" blessing on Havdalah candle at home

10:00 p.m. Ma'ariv / "Borei Meorei Ha'aish" will be said for those who have remained in

Shul for the afternoon programs.

10:15 p.m. Reading of Eichah (Lamentations) & Kinos

## Sunday, July 22nd

9:00 a.m. Morning Services [No Talis and Tefilin] 10:00 a.m. Kinos & explanations with the Rav 1:30 –1:55 p.m. Conclusion of Kinos and Services

1:24 p.m. Halachik Mid-day

2:00 – 2:45 p.m. Mincha [Men Wear Talis and Tefilin]

2:45 - 3:45 p.m. Film Presentation: The Man At the Wall: The Story of a shy "ordinary" man who

accomplished the extraordinary - Rav Meir Schuster ZT"L

4:00 - 5:00 pm Holocaust Speaker - Mrs. Leah Hochman

5:00 – 6:45 p.m. Chofetz Chaim Heritage Foundation Video B: How to Become a Person Who Truly

Feels the Pain of Others - Harav Meilich Biderman, R' Yissocher Frand & Rabbi

Paysach Krohn

6:45 - 8:30 p.m. Chofetz Chaim Heritage Foundation Video A: How to Become a Person Who Truly

Feels the Pain of Others -Rabbi Yechiel Spero, Dr. David Lieberman, & Charlie Harari

8:45 p.m. Kumsitz [singing Tisha B'av songs]

9:28 p.m. Maariv

Break the fast in Shul right after davening - sponsored by Julie & Tzvi Borr

9:34 p.m. One who finds fasting difficult may eat at this time

9:43 p.m. One who does not find fasting difficult should wait until this time

It is customary to visit a cemetery in the afternoon

The Chofetz Chaim Heritage Foundation Videos are being generously sponsored by **Pauline Kamin** in memory of her father **Yitzchak ben Moshe a**"h.

There is no charge for seeing any of the videos & film presentations.