

SHABBOS SCHEDULE

NEW: MISS PART OF SHABBOS? SEE PAGE 2

FRIDAY NIGHT - SEPTEMBER 4

- 5:50 PM** Shir Hashirim followed by Tehillim Psalm 107
- 6:15 PM** Mincha / Kabbalas Shabbos / Maariv / Candle Lighting
- 6:26 PM** Earliest Candle Lighting
- 7:29 PM** Latest Candle Lighting

SHABBOS - SEPTEMBER 5

- 8:00 AM** Men's / women's shiur with the Rav
- 8:45 AM** Main Sanctuary & Sfardi Room services
- 8:50 AM** Men's / women's shiur with the Rav
- 9:30 AM** Moriah Room service; Dads' class follows with Mordy Michalowicz
- 10:30 AM** Ladies Class with Shareen Romi-Babany
- 10:30 AM** Children's program
- 11:15 AM** Luncheon & Rav's Drush
When the Shofar Is Silent, Who Will Speak for Us?
- 6:00 PM** When Heaven Calls, Who Chooses?
- 7:00 PM** Mincha
- 7:30 PM** Shalosh Seudos
- 8:36 PM** Maariv / Havdallah

DAVENING & LEARNING - SEPTEMBER 6 TO 11

	SUN	MON	TUE	WED	THU	FRI
SELICHOS FOLLOWED BY SHACHARIS	7:25	7:40	6:10	6:10	6:00	6:00
SECOND MINYAN: SELICHOS FOLLOWED BY SHACHARIS			7:40	7:40	7:40	7:40
KITZUR CLASS		7:00	7:30	7:30	7:30	7:30
MADREIGAS HA'ADAM		1:25	1:25	1:25	1:25	
MINCHA	2:00	2:00	2:00	2:00	2:00	6:00
MAARIV	9:15	9:15	9:15	9:15		
SEFER CHAREIDIM	8:45	9:30	9:30	9:30		

ADDITIONAL CLASSES

SUNDAY - 9:00 AM
RABBI GOLDWASSER
Contemporary Halacha

MON. & TUES. - 8:30 PM
MORDY MICHALOWICZ
Mishnah Berurah

THURSDAY - 9:30 PM
RABBI TSVI HEBER
Chassidus on the Parsha

COMMUNITY NEWS

SPONSORS

Congregational Kiddush: sponsored in part by the **Judah family** on the yahrzeit of Shulamis' brother, **Eliezer ben Yaakov a"h**, and in part by the **Plotkin family** on the yahrzeit of Selwyn's brother, **Yitzchak ben Baruch a"h**.

All classes: sponsored by the **Yehuda family** on the yahrzeit of Edna's father, **Yosef ben Moses Solomon a"h**.

Dads' Kiddush and Shalosh Seudos: sponsored by the **Michalowicz family** on the yahrzeit of **Moshe ben Yosef Michalowicz a"h**.

Shalosh Seudos: also sponsored by **Eliezer Belne** on the yahrzeit of his father, **Yitzchak ben Moshe a"h**.

Wednesday, September 2 classes: sponsored by **Michael Korolneck** on the yahrzeit of his father, **Shimon Yosef ben Yitzchak a"h**.

MAZEL TOV

Earl Nussbaum & Debbie Singer on the engagement of their son **William** to **Tova Gilbert**.

CONDOLENCES

To **Stanley Oppenheimer** on the passing of his mother, **Jacqueline Myrna Oppenheimer a"h**. Shiva ends Sunday morning after Shacharis.

RAIN? HEAT? A SIMCHA SOMEWHERE ELSE?

MISS PART OF SHABBOS? BRING THE TORAH HOME.

Print before Shabbos whatever you will not be able to hear in person.



RAIN KEPT YOU HOME?

TOO HOT TO COME OUT?

AWAY FOR A SIMCHA?

MISSING ALL - OR PART?

THIS WAY, YOU DO NOT HAVE TO MISS THE TORAH.

8:00 AM SHIUR

THE RAV'S DRUSH

6:00 PM CLASS

SHALOSH SEUDOS

Thinking about Westmount? This is also a window into the Torah discussed here each week.

COMING TO ONE OF THEM?

Please save that teaching for the live experience - some questions are better before you know the answer. Read and enjoy any of the teachings you will miss.

PRINT THIS WEEK'S TORAH

westmountshul.com/this-shabbos



New materials every Thursday | Read or print before Shabbos

להתראות

L'HITRAOT - UNTIL WE MEET AGAIN

TAKE PART IN THE

BON VOYAGE KIDDUSH

HONOURING TONY & MARYLIN SIMKOVER

SHABBOS SHUVAH - SEPTEMBER 19, 2026



For 30 years, Tony and Marylin Simkover have been cherished members of the Westmount Shul family. For the past five years, they have divided their time between Toronto and Israel. Following Sukkos, they will make Ramat Beit Shemesh their permanent home and return each year to visit.

Our congregational Kiddush on Shabbos Shuvah will be held in their honour as we wish them brachah and hatzlachah upon their permanent Aliyah.

SPONSORSHIP OPPORTUNITIES

Sponsorships are available in increments of \$100.

Please contact Shareen if you would like to participate.

office@westmountshul.com

LET US COME TOGETHER TO SAY L'HITRAOT!

A JOYOUS WESTMOUNT MILESTONE

THE BOOKS ARE HERE!

DISTRIBUTION HAS BEGUN AT WESTMOUNT SHUL

BARUCH HASHEM - THE WAIT IS OVER

With tremendous gratitude to Hashem, we are delighted to announce that **Are You "Only Human?"** has arrived at Westmount. Distribution to our member families is now underway.

A GIFT TO OUR SHUL FAMILY

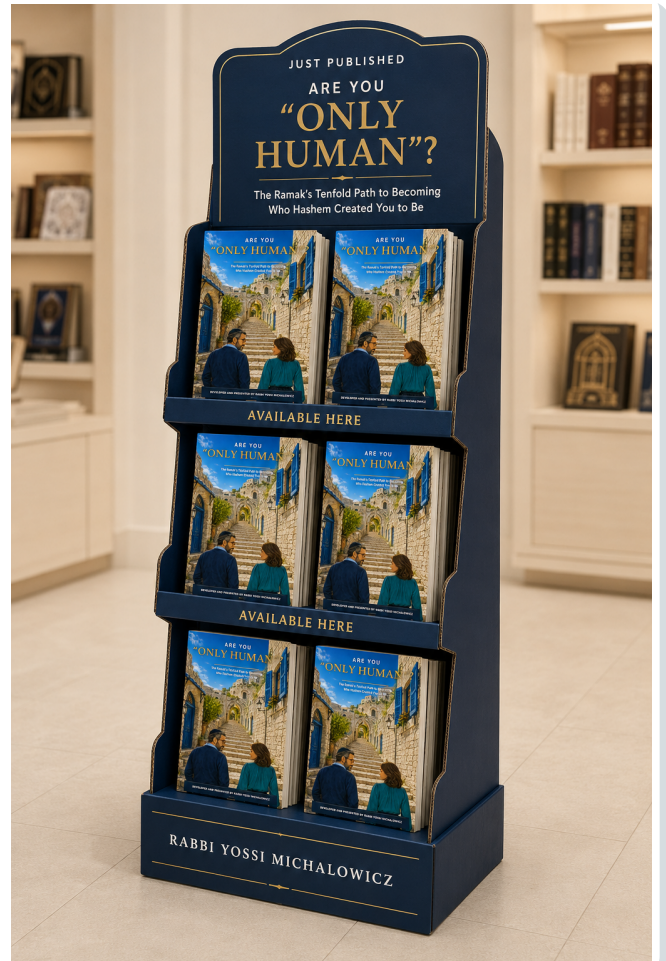
ONE COMPLIMENTARY COPY

for every Westmount Shul member family

The sefer was created to accompany the **Aseres Yemei Teshuvah**: ten days, ten gates, and one practical path of avodah from Rosh Hashanah through Yom Kippur. Please take your copy home and make it part of your preparation for the Yamim Noraim.

WITH APPRECIATION

Our sincere thanks to **Shelly Glowinsky** and all those helping to place the sefarim into the hands of our members.



**TEN DAYS. TEN GATES.
ONE PATH HOME.**

A SEFER OF LEARNING AND ZECHUS

May every chapter learned and every act of growth become a zechus for the complete refuah sheleimah of **Rebbetzin Gail Michalowicz - Gela Leah bas Gittel**.

NEED AN ADDITIONAL COPY?

Contact Shareen: office@westmountshul.com

SHARE IT BEYOND WESTMOUNT

Available on [Amazon.ca](https://www.amazon.ca) and [Amazon.com](https://www.amazon.com)

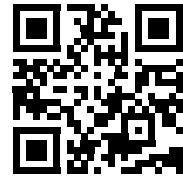
A FRESH DIGITAL HOME FOR WESTMOUNT

OUR NEW WEBSITE IS LIVE!

Shul life, Torah and community - now easier to find and enjoy.



westmountshul.com



SCAN TO VISIT



SHUL TIMES

Current davening and Shabbos schedules



TORAH & CLASSES

Shiurim, TorahAnytime and our audio archive



BULLETINS & MORE

Weekly news, community life and ways to connect

VISIT ON YOUR PHONE, TABLET OR COMPUTER - AND BOOKMARK IT TODAY

HOLIDAY KIDDUSH & LUNCHEON GUIDE

A clear guide to when a full sit-down Kiddush is - and is not - being served.

KIDDUSH

THIS SHABBOS - SEPTEMBER 5

Our regular Congregational Kiddush will be served.

NO LUNCH

ROSH HASHANAH - SHABBOS & SUNDAY, SEPTEMBER 12-13

No formal sit-down Kiddush or luncheon. Refreshments before Musaf both days, and before Shofar blowing on Sunday.

KIDDUSH

SHABBOS SHUVA - SEPTEMBER 19

Regular Kiddush, including our farewell tribute to Tony & Marilyn Simkover.

NO LUNCH

SUKKOS - SHABBOS & SUNDAY, SEPTEMBER 26-27

No Kiddush or luncheon; the shul does not have a sukkah.

BOTH DAYS

SHEMINI ATZERES & SIMCHAS TORAH - OCTOBER 3-4

Kiddush will be served on both days.

Please keep this guide handy throughout the Yom Tov season.

HIGH HOLIDAY SCHEDULE

ROSH HASHANAH

ROSH HASHANAH

EREV ROSH HASHANAH - FRIDAY, SEPTEMBER 11

Customary to fast until 1:13 PM

6:00 PM

Mincha / Dvar Torah / Maariv

6:16 PM

Earliest Candle Lighting

7:17 PM

Latest Candle Lighting

FIRST DAY - SHABBOS, SEPTEMBER 12

8:00 AM Shacharis in Shul & Sfardi
Minyan

8:45 AM Shacharis in Moriah Room

10:30 AM Youth Programs until 12:30 PM

10:30 AM Main Shul Kiddush, sponsored
by the **Glowinsky family** on the
yahrzeit of Shelly's
grandmother, Bina bas Hershel
Tzvi a"h11:00 AM Moriah Kiddush, sponsored by
the **Izsak family** in memory of
Rob's father, Tibor a"h12:00 PM Class in the **LOUNGE****EAT SHALOSH SEUDOS AT HOME**

7:00 PM Mincha / Class / Maariv

8:23 PM Earliest Candle Lighting from a
pre-existing flame and Yom Tov
preparations

SECOND DAY - SUNDAY, SEPTEMBER 13

8:00 AM Shacharis in Shul & Sfardi
Minyan

8:45 AM Shacharis in Moriah Room

10:30 AM Youth Programs until 12:30 PM

10:30 AM Main Shul Kiddush, sponsored
by **Robert Volfson** in honour of
Robbie, Sivan & Meital's
birthdays11:00 AM Moriah Kiddush, sponsored by
Kathy Vertesi on the yahrzeit of
her mother, Malka bas Elisha
a"h12:00 PM Class in the **LOUNGE**

7:00 PM Mincha / Class / Maariv

8:21 PM Havdallah

SFARDI KIDDUSH ON ROSH HASHANAH

Sponsored by Hannoch & Edna Yehuda

HIGH HOLIDAY SCHEDULE

YOM KIPPUR

YOM KIPPUR

KOL NIDREI - SUNDAY, SEPTEMBER 20

- 1:10 PM** Halachic Midday - preferred earliest time for men to go to the Mikveh
- 3:00 PM** Mincha in the Main Shul for all options
- 6:02 PM** Earliest Candle Lighting
- 7:00 PM** Latest Candle Lighting **FAST BEGINS**

**PLEASE LIGHT AT HOME BEFORE
COMING TO SHUL**

- 7:00 PM** Kol Nidrei for all minyanim
- 8:15 PM** Class in the **LOUNGE**

YOM KIPPUR - MONDAY, SEPTEMBER 21

- 8:00 AM** Shacharis in the Sfardi Minyan
- 8:00 AM** Shacharis in the Main Shul
- 9:00 AM** Shacharis in the Moriah Room
- 10:30 AM** YIZKOR (approximately)
- 10:30 AM** Youth Programs until 12:30 PM
- 12:00 PM** Class in the **LOUNGE**

*Special afternoon class with Rabbi
Michalowicz after Musaf in the Main Shul*

AFTERNOON / EVENING

- 5:00 PM** Mincha / Neilah - Main Shul
- 5:30 PM** Mincha / Neilah - Moriah Room & Sfardi Minyan
- 8:07 PM** Shofar Blast for all minyanim, followed by Maariv **FAST ENDS**

BREAKING THE FAST: Sponsored by **Arthur Lampert** on the yahrzeit of his mother, **Rachel bas Shlomo a"h**, and by **Sharon Millstein** on the yahrzeit of her husband, Larry a"h.



Westmount Shul & Peace of MindCanada

ד"ר

October 11-18
2026

An initiative to host IDF veterans



SPONSORS

\$50,000 Full sponsor
\$25,000 Co-Sponsor
\$2500.00 Chayal Sponsor
Hosts for soldiers inc. room, board & some transportation **



Combat trauma doesn't end
when military service is over.

In fact, it is often just the beginning.

Peace of Mind provides its participants with 65 hours of group counseling, plus individual therapy as needed. The distance from Israel, and support of Jewish communities overseas, plays a key role in creating a safe, quiet, and supportive environment. Through hosting the veterans for the most intense phase of Peace of Mind, Jewish communities play an active role in shaping society by promoting a healthy transition to civilian life.

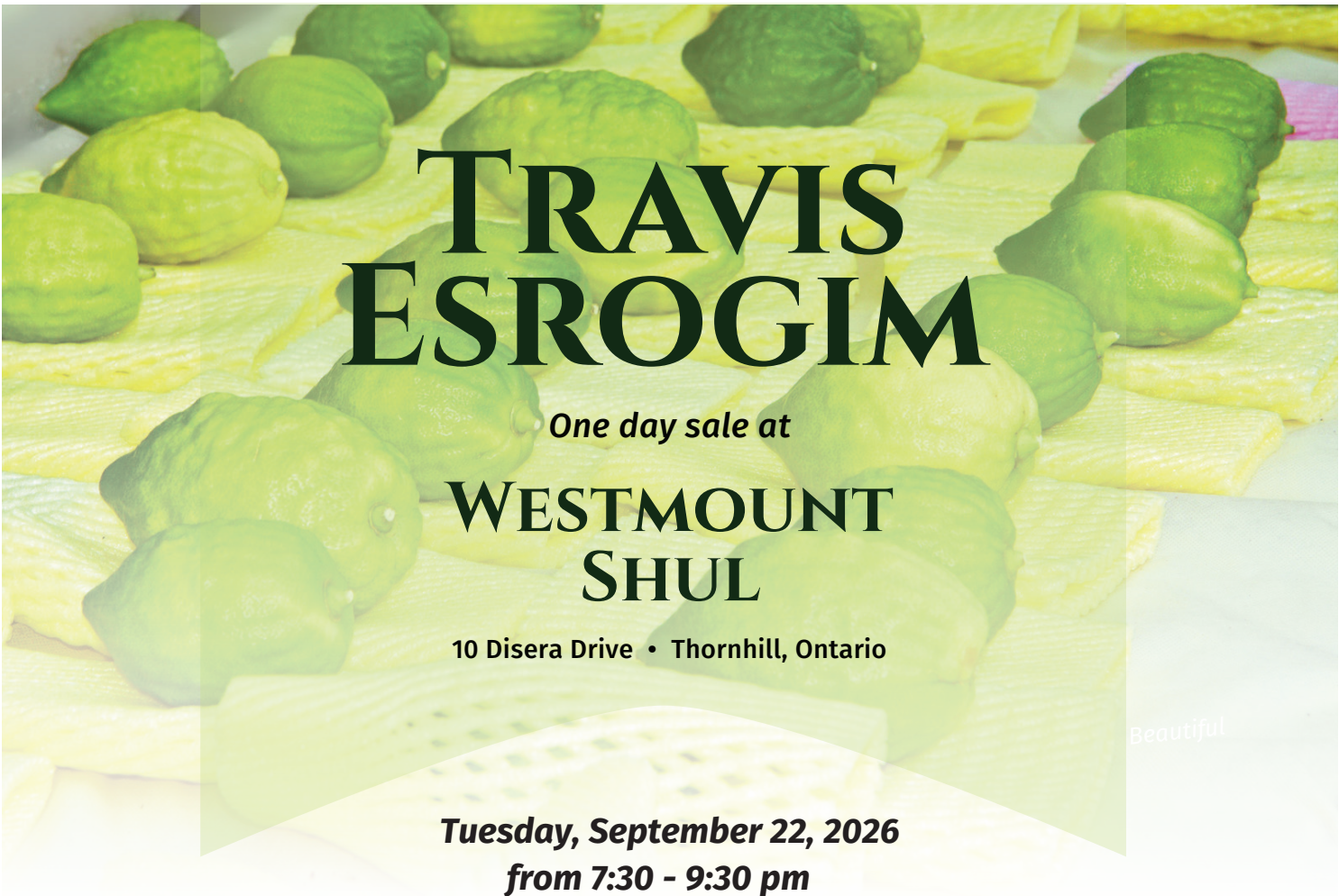
*For sponsorship/hosting opportunities & questions
please email: office@westmountshul.com
** Sponsors get priority in hosting*

*For more info about the programme:
<https://www.pomcanada.com/>*



TOGETHER WE WILL KEEP THOSE WHO DEFEND ISRAEL STRONG





TRAVIS ESROGIM

One day sale at

WESTMOUNT SHUL

10 Disera Drive • Thornhill, Ontario

Tuesday, September 22, 2026
from 7:30 - 9:30 pm

ARBA MINIM SETS

INCLUDE

- *beautiful Esrogim*
- *prepackaged Derry Lulavim*
- *prepackaged Hadassim*
- *prepackaged Aravos*

\$69

\$79

\$120

Preorder for easy pick up at the sale

Text/Whatsapp
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atravisesrog@gmail.com

Subject Title: Westmount Sale



25
Countries
343
Communities
16,908
Participating families

ISSUE 101

SHABBOS PARSHAS NITZAVIM - VAYELECH 5786

 Please treat this newsletter with proper respect.
 Please do not read during davening or Krias HaTorah.

Can She Give Her Sister the Lay of the Land?

My older daughter, Malky, has just finished high school. She had about 15 different teachers, each with unique expectations, rules, and preferences. Some teachers like a livelier, more informal class, while others prefer a quieter one. Some don't mind students eating in class or going to the restroom without asking, while others don't allow it.



My younger daughter Nechamy, who is a more sensitive girl, will be starting at the same school. Malky would like to prepare her by describing the various teachers' dos and don'ts, their personalities, and their styles, so that Nechamy will not start off on the wrong foot with the more demanding teachers.

Can Malky tell Nechamy about the teachers at school?

—Faigy, an Aderaba participant

What's the Psak?

Do you know the halachah?

A Yes.
It's a *to'eles* for Nechamy.

B No.
It's *loshon hora* that could be avoided.

C Yes,
but only what she really needs to know.

NEW!

What Does She Really Need to Know?

Malky wants to help her sister avoid future problems. Doing so is a great mitzvah—a real *to'eles*! However, one of the rules of *to'eles* is that we may only reveal information that is necessary.¹ Therefore, Malky must not talk about all the teachers. She must only tell Nechamy about the teachers whom she really needs to know about—those who might be intimidating to her more sensitive sister.

She needs to be careful to meet all the conditions of *to'eles*, and she should not label any teacher. Rather, she should simply inform Nechamy about particular teachers' preferences for certain behaviors. Malky's intention must be to help Nechamy only—not to vent a grudge against any teacher.

On a practical note, Malky must be careful to speak to Nechamy privately. She should not speak to her in front of other people, because that would likely lead to a broader discussion of the teachers, which would be *loshon hora* without any *to'eles*.

Answer: The halachah is C.

Reviewed by **Rabbi Moshe Mordechai Lowy**

Rav Pam, zt"l, advised great caution when presenting halachic scenarios to the public, as each situation is unique. This *shailah* is for discussion only; actual halachic decisions should be made by a *rav* or halachic expert on a case-by-case basis.

The Shmiras Haloshon Shailah Hotline: 718-951-3696 2-3PM / 9-10:30 PM

The Torah Doesn't Just Tell Us to Be Kind. It Teaches Us How.

NOW IN ENGLISH

Sefer Ahavas Chessed

Vol. 1

The Chofetz Chaim's classic sefer on loving kindness and its halachos.

WHAT TO DO WHEN...

- Your money is limited
- Two people need help
- A borrower is risky
- The wife says no
- A relative asks first

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CHOFETZ CHAIM

HERITAGE FOUNDATION

Reuven and Pinchas were close friends and antique dealers living in Baghdad during the time of the Ben Ish Chai.

One morning, they heard about an incredible estate sale at bargain basement prices. They hurried there together. On the way, someone ran out of a *beis medrash*.

"Please! We only have nine men. We need a tenth for Kaddish!"

Reuven just kept walking. "C'mon Pinchas! We have to go! **Nothing will be left if we're late!**"

Pinchas hesitated. He knew Reuven was right. But Pinchas also knew something else:

The incredible reward of answering Amein, Yehei Shmei Rabba.

What was worth more? The bargain—or the *Amein*?

The Treasure He Almost Missed

Pinchas made his decision. **He walked into the *beis medrash*.** He answered *Amein, Yehei Shmei Rabba*—knowing it might cost him the best business opportunity he had seen in a long time.

When davening ended, Pinchas decided to go to the house even though he knew Reuven was right that there would be nothing of value left. And Reuven had been right.

Nothing was left. Nothing but a few worthless odds and ends.

Pinchas bought them anyway, including an old, beat-up cushion. At home, he decided he could at least salvage its feathers. He took a

knife and slit open the cushion. Feathers exploded into the air.

And then—something sparkled. Pinchas reached into the feathers. He froze.

A magnificent pearl.

He rushed to a jeweler. The offer? **Fifty gold coins.**

Pinchas thought he had given up a treasure to answer *Amein, Yehei Shmei Rabba*. Instead, his *Amein* led him straight to one.

TRY THIS

Next time you answer *Amein, Yehei Shmei Rabba*, imagine that the moment you finish, a precious pearl appears on the table in front of you.

Imagine yourself picking up that pearl and putting it in your pocket. **Because every single Amein, yehei shmei rabba is precious beyond measure.**



Every one of us has a locked gate in our lives. *Parnasah*. A *shidduch*. Health. A child. A relationship that needs healing. We try. We daven. We hope. But sometimes, the gate just seems to stay locked.

There are locked gates in *Shamayim*, too. The *Zohar* reveals that there are barriers that can stand in the way of our *tefillas*. And then he tells us something extraordinary: **There are words powerful enough to break the locks and open the gates.**

אמן. יהא שמה רבא מברך לעלם ולעלמי עולם

Hashem let Your great Name be known, glorified, and blessed—by everyone, everywhere, forever.

THE MOST POWERFUL 7 SECONDS IN YOUR DAY. FOR JUST 10 DAYS.

There's so much power packed into these few words. It's *yours*, just waiting to be accessed.

Join thousands this *Aseres Yemei Teshuvah*, undertaking to say these 7 words with heart.

Sign up to get materials and inspirational videos for yourself, your shul, or your school.

www.cchf.global/openthegates
or email amein@cchfglobal.org

Why are these words so powerful?

Rav Yosef Yehuda Leib Bloch explains: There is a moment when a Jew rises above himself. He isn't thinking about what he needs. His deepest desire is simply: **Hashem, let the world recognize You. Let Your Presence be revealed.** At that moment, he is incredibly close to Hashem. And Hashem judges him for who he is at that moment. **That can change everything.** Because when Hashem's Presence is revealed, His goodness can pour into the world—into our lives, our families, and all of Klal Yisrael.

Dedicated by Moshe and Doreen Mermelstein לע"נ רכיל בת יוסף ע"ה, רבקה בת יואל ע"ה

In honor of the birthday of Hinda Esther bas Yisrael • לע"נ בתשבע רחל ע"ה בת ר' שמעון יבלח"ט • לע"נ חיים יחיאל מיכל בן רפאל פיוועל שניאור ז"ל